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Halifax COLOSSAL Giant monster terrorizes city when this girl drinks (If only it was relatable) metroLIFE

Your essential daily news | WEEKEND, APRIL 21-23, 2017

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Can it, Halifax

ENVIRONMENT

Residents call for more public garbage cans to reduce litter



Yvette d'Entremont Metro | Halifax

It's not only pretty flowers that pop up when the snow melts.

Readers have reacted in recent days to piles of garbage littering streets, properties and roadways. Some have also expressed dismay over the lack of municipal trash receptacles.

"Sadly, some people just toss their trash on the ground," Hugh Chisholm wrote in an email to Metro. "It's especially a problem with dog walkers. It's hard enough to get dog owners to pick up after them when there's a container a metre away but it's

nearly impossible when you expect them to pick it up, carry it back to their vehicle and take it home."

Municipal spokeswoman Tiffany Chase said litter complaints always spike in the spring. During the past two weeks, she said maintenance staff have switched from winter operations to spring and summer activities and residents should soon see improvements.

There are about 2,300 municipal garbage receptacles along streets, sidewalks and at transit stops throughout the municipality. "The reason we don't' have many more thousand garbage cans is that requires ongoing maintenance and so we would be required to conduct regular maintenance and monitoring of all of those bins whether they have material in them or not," she said. Complaints about litter on municipal property or suggestions for garbage receptacle sites can be made by calling 311.

FISHERMAN'S

THE ASSOCIATED PRESS FILE

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Your essential daily news

Daesh claims responsibility for shooting attack on Champs Elysees in Paris. World

Solidarity for science



Rally planned to support March for Science in Washington



Yvette d'Entremont Metro Halifax

A group of local scientists are hoping for a large turnout this weekend when they rally in solidarity with the Washington March for Science.

More than 500 cities worldwide are planning to support the Washington marchers on Earth Day this Saturday.

That includes a Halifax contingent that will gather at Grand Parade from 11 a.m. to noon.

"Whether we like it or not, we're living in an era where science is under attack and science funding is under attack," said Richard Zurawski, a scientist and HRM councillor.

"Scientists are having a lot of difficulty with government institutions and getting fund-



Science student Orrin Young takes part in the Stand Up for Science rally in 2013. METRO FILE

ing for research, and the only way we move ahead as a civilization and as a culture is with undirected scientific research. Nothing else works. We don't know where the answers lie, and that is why this is import-

Zurawski said they're encouraging everyone to attend the support rally because the repercussions of limiting undirected science and not allowing scientists to be

"unfettered and free" would impact us all.

"What most people don't realize is that science is something that can disappear so quickly and get subsumed by organizations that have dog-

matic approaches, that figure that they have the answers," he said.

"It's not just that we had the Harper government before or Trump (in the U.S.)... Look at what the federal government is doing now. We open up the Donkin coal mine in Nova Scotia, and at the same time say that we are going to do something about climate change. That's pseudo science. You don't get to have both."

The backlash against science is widespread and has far reaching implications, Zurawski said.

That's why scientists and their supporters are standing together on Earth Day to call for science that upholds the common good.

"We're building new medical facilities, we're talking about doing new research for diseases, we're looking at vaccinations for HIV, cures for diseases like the hemorrhagic diseases coming out of Africa," he said.

"In addition to that we are progressing ahead to understanding what the universe looks like. Some of it is directed, some of it is undirected, but it's all important to our civilization."

Things to do on **Earth Day**

- The Ecology Action Centre is having a "Earth optimism" celebration with talks, workshops, and discussions at their headquarters at 2705 Fern Lane on Saturday, plus a Lion & Bright fundraiser dance party that night with the Modern Grass.
- Residents from communities across N.S. are meeting to discuss a proposed environmental rights bill on Friday from 10:30- 11:30 a.m. at the Wooden Monkey in Halifax.
- There'll be a cleanup of the BLT trail area on Saturday from 10:00 a.m. to 1 p.m., and people can meet at the Kevin Cox Ball Field in Greenwood Heights at 10 a.m.
- Local residents are hosting an Earth Day Westwood Cleanup on Saturday, meeting at the entrance of Westwood Hills at 10 a.m. and it goes until 11:30 a.m.
- Saint Mary's University is hosting an Earth Day lecture on Friday from 7:30-10 p.m. in room 255 of the Sobey Building, where Dr. Tony Charles will talk about Earth optimism, community solutions, and economy.
- Join the Take Action Society as part of the Great Nova Scotia Pick-Me Up through Clean Nova Scotia at Harbour View Elementary School (25 Alfred St. in Dartmouth) from 11 a.m.-2 p.m. BEN MACINTOSH/FOR METRO

Municipality springs into cleaning, maintenance

Alongside residents picking up trash for Earth Day, city crews will be out and about over the following weeks for their annual spring cleanup and street maintenance.

A HRM release Thursday said

teams are working in all areas of the municipality to address litter, remove dead branches and winter debris, as well as empty garbage cans in municipal parks, playgrounds, sports fields, trails and other spaces.

All sidewalks will be mechanically swept, with the first priority on downtown Halifax and Dartmouth. The region's eight vacuum street sweepers and two tandem broom trucks will be out clearing roads, bike lanes and

curbs in the core areas of Halifax, Dartmouth and Bedford.

As every year, HRM's overnight street cleaning program to wash away salt and brine goes into effect on the Halifax Peninsula May 1, so parking restrictions begin

then on weekdays between midnight and 8 a.m.

All other areas with street cleaning will be completed during the day, and residents should check on-street parking signs for their service day. METRO



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Mamma Mia! Neptune has wonderful season in store

ON STAGE

Theatre brings music, drama, history amid renovations



Neptune Theatre is bringing Stan Rogers, Mamma Mia, and a diverse variety of other plays to Halifax in a year of many changes.

The artistic director of eight years, George Pothitos, is ending his time at Neptune, while there's going to be plenty of renovations to the main the-

Pothitos' final season includes productions that range from a docudrama and a thriller to a feel-good musical.

"We've got some wonderful regional stories, we've got some suspense and some docudrama ... and then on top of that, we have a wonderful summer season with great music and we're going to end with ABBA," said Lisa Bugden, Neptune's general manager in an interview Thursday.

"I think that's the genius of George, and his approach to the season is really providing a range of different productions."

Pothitos is proud to have many high quality productions



Actors run through a scene from Mamma Mia! during a season launch Thursday. PATRICK FULGENCIO/FOR METRO

to Neptune, especially Canadian ones. To him, it's a nobrainer to create a season that will appeal to, and represent, a wide variety of people.

This way, people "actually feel like it's their theatre too," said Pothitos.

Until the major renovations finish in November, the recently revamped Scotiabank Theatre will be the home of Neptune's productions, beginning with the first summer production in 20 years: Stan Rogers: A Matter of Heart, a lively, foot stomping, tribute to one of Nova Scotia's favourite singer-songwriters.

The mainstage series opens in September with Seeds, a play that Pothitos has wanted to bring to Neptune for years. The play is about a Saskatchewan man brought to court by Monsanto, a major agricultural corporation, after being accused of planting genetically modified seeds on his land.

Neptune is also doing The Mountaintop, a play about Martin Luther King Jr.'s final day, in partnership with the SUBSCRIPTION

Subscription packages for next season are now available at the box office or at neptunetheatre.com.

Black Theatre Workshop in Montreal. Pothitos has also wanted to bring this show to Neptune for a long time, and that partnership has finally made it possible.

"It's a great opportunity for us, especially during African Heritage Month," said Pothitos.

Pothitos is proud about a lot of things from his time at Neptune: kicking off the renovations, seeing Neptune become nationally regarded, and starting the Open Spaces Program, which awards a free week of performance space and supports to one Nova Scotian theatre company a year.

As soon as Once wraps up at the end of May, renovations begin on the main theatre. Fountain Hall is getting more comfortable seats, new lighting and new sound technology, said Pothitos. The lobbies are also being refurbished, and the box office is being renovated.

The Fountain Hall will reopen with It's A Wonderful Life beginning on Nov. 21, directed by Pothitos. The Holiday season will also bring Dicken's A Christmas Carol to Neptune from Nov. 28 until Christmas

Neptune's 2017-18 season lineup

Stan Rogers: A Matter of Heart (Jul. 18 - Sept. 3) Seeds (Sept. 12 – Oct. 1)
Snake in the Grass

(Oct. 17 - Nov. 5) It's A Wonderful Life

(Nov. 21 - Dec. 31)

Dicken's A Christmas Carol (Nov. 28 - Dec. 24)

Jonas & Barry in the Home (Jan. 16 - Feb. 11)

Makayla Lynn Brings Nashville to Nova Scotia

(Jan. 18 - 21) Salt-Water Moon

(Jan. 30 - Feb. 18) Port Cities (Feb. 16 - 17)

The Mountaintop (Feb. 27 - Mar. 18)

Half-Cracked: The Legend of Sugar Mary (Mar. 13 - Apr. 1)

Mamma Mia! (Apr. 10 – Jun. 3) Echoes of Time: Sagas, Tales and Myths

(April 20 - 21) In the World Created by a Drunken God (May 1 - 20)

JULIANNE STEEVES/FOR METRO



Makayla Lynn Brings Nashville to Nova Scotia is a bonus feature in the upcoming Neptune Theatre season. PATRICK FULGENCIO/FOR METRO



'Drug deal gone bad', jury told

Crown makes opening statement at Sandeson trial



Zane Woodford Metro | Halifax

The jury in the murder trial for William Sandeson will see evidence that DNA with a profile matching that of Taylor Samson's was found in Sandeson's apartment after a "drug deal gone bad," the Crown said in its opening statement.

Crown attorney Susan MacKay made the statement - none of which has been proven in court - to the jury in Nova Scotia Supreme Court on Thursday morning.

It was the beginning of a trial to decide whether Sandeson, a 24-year-old former Dalhousie University medical student, is guilty of first-degree murder in the killing of 22-year-old Samson, a fellow Dalhousie student.

MacKay told the jury Samson was last seen the night of August 15, 2015, on Sandeson's own surveillance video, in his apartment building.

The jury would see text messages between Samson and Sandeson showing they planned to exchange 20 lbs. of marijuana for \$40,000 in cash, she said.

"But for Taylor Samson, things didn't work out as planned."

Samson was reported missing the next day after he didn't return to his apartment.

"Because of the possibility his disappearance may have been connected to a drug deal gone bad," MacKay said the investigation intensified.



Crown attorney Susan MacKay arrives for the start of the trial for William Sandeson at Nova Scotia Supreme Court in Halifax on Thursday. THE CANADIAN PRESS

Police tracked the last number that called Samson's cellphone to a group home in Lower Sackville where Sandeson worked, she said, and after police went there, Sandeson called them and agreed to an interview.

But MacKay said video shows he removed items from his apartment the morning before he went in for the interview.

MacKay said police determined his cellphone was in Truro that morning. Sande-

son's family has property in Lower Truro, which was searched after his arrest.

Police found items at that property that were "recognizable" from the video from his apartment, MacKay said, and they found DNA that matched the profile of Samson's.

After his interview, Sandeson let police take photos of texts on his phone between he and Samson, MacKay said. When police reviewed them, MacKay said they found they

contradicted what Sandeson had told police.

That evening, MacKay said police made "an emergency entrance" into Sandeson's apartment, "concerned" that Samson "might be being held hostage there." He wasn't, and police applied for a warrant to search it, she said.

When they got one, MacKay said they found blood and DNA with a profile matching Sam-

MacKay said police also

found a gun "containing one bullet, and a pack of bullets from which two bullets were missing" in Sandeson's bedroom, and a bullet "lodged in the window casing in the

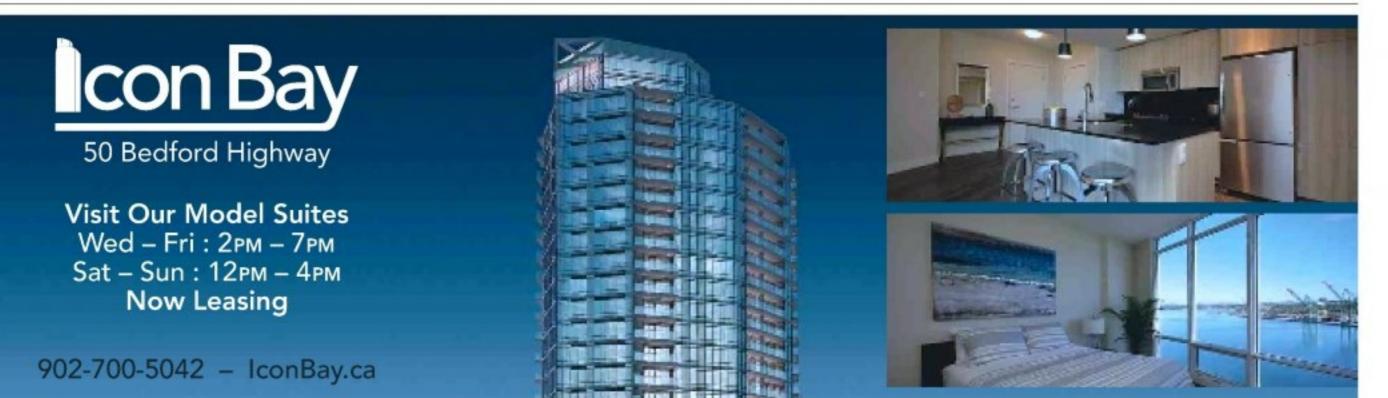
Both the gun and the bullet, MacKay said, had DNA on them with a profile matching Samson's.

The jury also heard testimony Thursday from Samson's mother, Linda Boutilier, who told the court how odd it was that she hadn't heard from him on the Sunday he was reported missing, when he was supposed to come visit her in Amherst.

When asked on the stand to identify a photo of her son, she started crying.



The trial is set to resume on Monday.



One map to overhaul Halifax

TRANSPORTATION

Integrated Mobility Plan includes commuter rail and a dedicated **bus lane**

HALIFAX MATTERS Tristan Cleveland

I have never been so excited about some green dots.

The city just released the latest proposals for the Integrated Mobility Plan, and things are looking good. A complete greenway network to nearly all our major communities by 2020, a minimum grid of protected bike lanes. commuter rail, transit priority on key streets, and our very first bus lane. These are bigvision ideas.

But the vision gets even bigger, thanks to some green dots on a humble little map called, "Potential Transit Oriented Communities."

Sound ho-hum? It's not. Here's the thing: at the current growth rate, we could have over 150,000 more people in Halifax by 2050. If we're not careful, that could mean far more traffic and pollution. Far-flung homes could cost more, driving up taxes without any improvement in what the city offers you.

Instead, new residents



A rendering of the proposed Village Centre for Seton Ridge. CONTRIBUTED/SOUTHWEST PROPERTIES

should mean more money for parks and better roads, without a traffic nightmare, and building town centres on great transit is how we do it.

As more people move into new developments on bus lanes or commuter rail, each costs less, because there's no new roads to plow and transit is already right there. Great transit also adds thousands to the property values, meaning substantially more tax

Despite paying more in rent, people who live near great transit also tend to save money because they can get by with fewer cars. According to the CAA, skipping just one

should have a great centre of town to spend time outside,

Anyway you cut it — health, environment — this kind of growth just makes sense.

car purchase can, in ten years, save a family nearly \$100,000.

So goes the financial pitch, but from anyway you cut it health, environment - this kind of growth just makes sense. For me, though, there's

people watch, and maybe see a friend. Right now, no one would ever sit in the parking lot of the Sunnyside Mall, enjoy the sunshine and think, "I love this place." Why shouldn't a place where

a bigger reason to do it.

I believe every community

people spend millions of dollars yearly offer that experience?

Right now, it may seem like just a dream to redevelop that parking lot into a main street full of local shops, a place so nice people enjoy just passing time on sunny afternoons. Add a commuter rail station, however, and the math starts to add up.

It's clearly doable. Southwest Properties is planning just this kind of main street near another station in Clayton Park, called Seton Ridgealso a green dot.

But to make this happen, we need to lay out the plan for future growth now, before we finish commuter rail and bus infrastructure. Those green dots are a what we need to get right now to become a remarkable city in 20 years.

Why not have half a dozen amazing main streets people love to visit? Why not use hundreds of millions of dollars in new housing construction to become the best possible city we can be?



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HALIFAX



Nova Scotia Premier Stephen McNeil and supporters in Halifax after announcing the new QEII outpatient clinic in Western Halifax. THE CANADIAN PRESS

Outpatient centre landing in suburbs

HEALTHCARE

Project unveiled at 15-acre site by premier

A new outpatient centre for Halifax's downtown QEII hospital is to be built amid the retail outlets of Bayers Lake in the city's western suburbs.

Premier Stephen McNeil unveiled the project Thursday at a 15-acre site he said the province purchased for \$7.5 million as part of the redevelopment of aging QEII sites, including the trouble-plagued Victoria General (VG).

The facility will offer services including blood collection, x-rays, initial visits with specialists and other services.

"I was an emergency nurse

at the VG 25 years ago and we've acknowledged that building should have come down about 20 years ago," Paula Bond, vice-president of integrated health services for the Nova Scotia Health Authority, told reporters.

The announcement was the latest in a series of hospital-related spending announcements from the McNeil government, which could call an election as early as this month. Bond said her praise of the government's decision was non-partisan.

"I'm going to sing the praises of anybody who is going to help me move out of there," she said.

McNeil said access to Highways 102 and 103, which run very close to the site, was a key factor in choosing the spot, as well as population growth in the area.

Critics noted the lack of public transit access, which McNeil said he plans to discuss with the Halifax Regional Municipality. He also said roads will be extended into the property.

"There's three or four different ways into this site," he said to reporters after the announcement, held between Home Outfitters and Marshalls.

Fourteen other sites were considered, he said.

The land was purchased from a company owned by the Halef family, who have donated to the Liberal party, but McNeil said that had no influence on their decision.

"It had nothing to do with that," McNeil said. "I'm not even sure who we bought the land from, to be frank."

THE CANADIAN PRESS





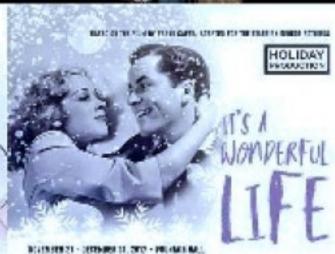
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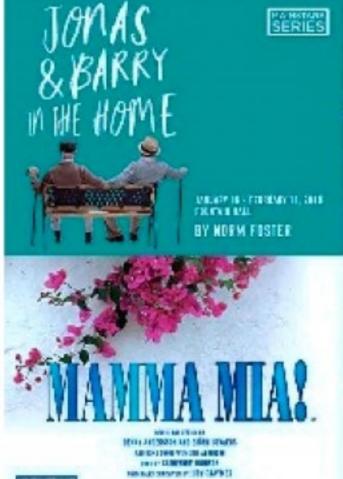
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BY DREW HAYDEN TANLOR

Nova Scotia attendance policy ready to be graded

New policy outlines a plan of intervention for students



Liz Brideau-Clark says that she's seen the frequency of absences go up in the most recent years of her teaching career.

She teaches Grades 8 and 9 at Bayview Community School in Mahone Bay and is a member of the Council for Improved Classroom Conditions, which has reviewed and revised an attendance policy from the Department of Education and Early Childhood Development during their meetings this week.

Now they're looking for feedback from other Nova Scotians.

"Our goal is to make students are very good citizens, whether

that's at our school or if that's in the future and we feel the attendance policy will certainly support that," said Pam Doyle, a guidance counselor at Lockview High School in Fall River and member of the council, during a press conference Thursday.

Current attendance policy is school based and not province wide. Doyle hopes a policy will bring some consistency because there are clear expectations.

The new policy clearly defines excused absences and unexcused absences. It also outlines a plan of intervention: if a student is late or absent for 10 to 15 per cent of classes, they will meet with a group of school staff, address the issues keeping them from school and develop steps to move forward.

"Some students will work well with an incentive-based plan: others will not," said Doyle.

The policy emphasizes that students who are missing school for reasons such as mental health will be referred to supports, such as guidance counselors.



Sean Barker speaks to other members at the Council to Improve Classroom Conditions on Tuesday. CANADIAN PRESS

Hébert to receive honourary degree

A popular Canadian writer is being honoured by Dalhousie University for her reporting on national politics.

Journalist, commentator and author Chantal Hébert, of the Toronto Star and L'Actualité, along with eight others are receiving honorary degrees, according to a news release on Thursday.

Hébert's journalism career began with Radio-Canada, which led her to covering federal politics. She was also the parliamentary bureau chief for Le Devoir and La Presse.

Bilingualism gave her a different perspective on the events happening in Canadian politics during her career, the release said. Hébert is also a regular member of The National's At Issue panel on CBC

Along with Hébert, architect Lan Siren, clinician Dr. Ronald D. Stewart, advocate Elizabeth Cromwell, author and educator Steve Blank, physiotherapist Carol Lillian Richards, physicist Nergis Mavalvala, biologist Kenneth George Davey and actor and playwright Ferne Downey



Journalist and commentator Chantal Hébert.

TORSTAR NEWS SERVICE FILE

will receive degrees.

The honorary degrees are given to individuals who've made important contributions to their field or to the uni-

The ceremonies will be held in Truro, N.S., and run from May 26 to June 3.



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Support for N.L. hunger striker

PROTESTERS

Richard Gillett won't eat until fisheries agree to his requests

About three dozen protesters went to the federal fisheries office in St. John's, N.L., on Thursday morning to support a celebrity fisherman on a hunger strike.

Linda Gillett, the mother of hunger striker Richard Gillett, said the protesters include fishermen and other supporters of her son.

Richard Gillett has been on a hunger strike since last Thursday, demanding a meeting in person or via teleconference with the federal fisheries minister over quota cuts to shrimp and crab.

His mother said Gillett is participating in the protest, though he is walking very slowly and becoming weak due to his lack of nourish-

"As his mother, I'm getting pretty worried about him right now. I don't know if he's going to last many more Fish, Food and Allied Workers days," she said.

"But he's determined he's going to until they come across with his demands or we'll have to call the ambulance and take him off."

Gillett is known for his three seasons on the reality show Cold Water Cowboys, and is vice-president of the

As his mother,

worried about him

right now. I don't

last too many

more days.

Richard Gillett's mother

Federation of Independent Sea Harvesters of Newfoundland and Labrador (FISH- I'm getting pretty

The fisherman has accused Ottawa know if he's going of dire mismanagement of stocks ranging from crab to capelin.

In addition

to the teleconference call with federal Fisheries Minister Dominic LeBlanc, Gillett is seeking an independent review of science and management for all provincial fish stocks.

He also wants a review of the relationship between the

union, representing harvesters, and the federal Department of Fisheries and Oceans.

Gillett said he decided to do something drastic last week after LeBlanc refused to meet with him and FISH-NL president Ryan Cleary as they visited Ottawa.

In an emailed statement,

Kevin Anderson, regional director general for Fisheries and Oceans Canada, has said he understands it's a difficult time and the department is willing to listen.

"It is of course concerning when anyone takes a

course of action such as the one Mr. Gillett is pursuing, and we share the public's concern for his health."

Anderson said scientific stock assessments are shared publicly and that fish harvesters are consulted. THE CANADIAN PRESS



Hunger striker Richard Gillett, vice-president of the Federation of Independent Sea Harvesters of Newfoundland and Labrador, sits in the tent that he set up outside of the Department of Fisheries and Oceans offices in St. John's on Wednesday, Paul DALY/THE CANADIAN PRESS



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The Power to Surprise

'Our story' a step to new centre



Victor Tetrault and Heather MacKenzie take in the display at the Halifax Central Library Thursday.

Francophone cultural hub may follow new library display



Yvette d'Entremont Metro | Halifax

Victor Tétrault was a member of the local Acadian community who worked with Halifax Central Library staff to create the new bilingual display.

He said momentum from that project has fueled their fire for another major project, the creation of a francophone cultural centre in Halifax.

"For the longest time our Acadian and francophone community has been silent. Invisible. Quiet. It's nice to be seen not heard, but at the same time we felt that we had a lot to contribute to the community," he said.

"We need a francophone centre in order to raise our profile in the city because we have a wonderful culture and we want to share it."

For at least 25 years, the community has discussed the possibility of a francophone cultural centre. Tétrault said it became more focused last May following a meeting of the francophone community's chamber of commerce.

"It went from 0 to 150 miles an hour like that. This week we met with the mayor and his staff in charge of real estate for the city," he said.

"We looked at different properties. We're still looking. We're talking. It's moving. It's taken on a life."

In addition to serving as a gathering place that's outside of a school, Tétrault said they'd like it to be a spot where people can enjoy a French bookstore and purchase French language greeting cards.

It could also serve as a venue for all three levels of government to eventually offer French language services.

The community discussed the possibility of establishing a francophone cultural centre for at least 25 years.

"Many leave Halifax on the weekends to go back to their (Acadian) villages and there's nothing wrong with that, but there's nothing that keeps them centered here so we're going to build that," he said.

"The library here? That's the first step that dovetailed right into what we're doing and it seemed to be like a spark. It sparked something in us. As we were working on this we said you know what? It's doable. We know that the anglophones are our friends and partners so that's amazing."



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Highlighting a 'vibrant' history

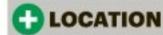
A permanent bilingual display dedicated to Nova Scotia's Acadian and francophone roots was unveiled at the Halifax Central Library on Thursday.

"L'acadie et la francophonie: Notre histoire/Our Story" is described by the library as a digital presentation of images and information intended to tell the story of one of the province's founding cultures.

"The content was communitydriven. Yes we wanted to emphasize some of the key points in history, but also to make the point that this is a vibrant living culture today," said Heather MacKenzie, manager for diversity services for Halifax Public Libraries. "We wanted the Acadian and francophone community to come in and see that their culture is valued and celebrated in a public forum, in a place that's a real community hub, a destination."

MacKenzie said library staff worked closely with the local Acadian and francophone community whose members determined the content and images.

The display was designed in a way that its content can be updated and refreshed. The digital



Where to find it: The display is permanently located on the fourth floor beside the library's local history collection, and is the latest celebrating founding cultures. African Nova Scotian and First Nations installations are also onsite.

display was created to include vibrant images and basic informative text in both French and English, yvette d'entremont/metro





THINGS TO DO IN HALIFAX THIS WEEKEND

Check out a concert for racial harmony, an art auction and mating salamanders in all their glory. **BEN MACINTOSH FOR METRO**

Good Charlotte

Don't feel like a punk for missing Good Charlotte while they're in town. Good Charlotte is an American pop-punk band that started in 1995 and ended their four-year hiatus in 2015. The show is at the Halifax Casino on Saturday night, doors open at 6:30 p.m. and the show starts at 7:30 p.m. Tickets are \$53 in advance or \$58 at the door and the show is 19+. Tickets can be bought online at sonicconcerts.com, and for more info visit casinonovascotia.com.



It is our bidding that you to check out this online auction supporting a good cause. Author and artist Jenni Blackmore is donating the original artwork from her new book, The Food Lover's Garden: Growing, Cooking and Eating Well, to be auctioned online starting Saturday at 2 p.m. and ending May 6. Proceeds will be split between Dartmouth North Community Food Centre and Soul's Harbour Mission in Halifax. For more info visit the Dartmouth North Community Food Centre's Facebook page.



Salamander Meander

salamander-meander.

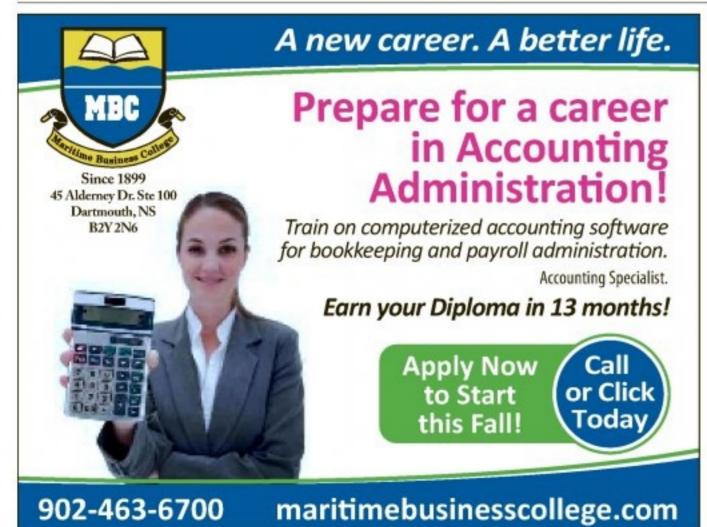
Slither on down to Hemlock Ravine Park Friday and Saturday night at 8 p.m. for a special show. The Museum of Natural History is inviting the public to watch the dance of the yellow spotted salamanders. The salamanders are only visible in the pond after sunset. No registration is required but it is recommended that you bring a headlamp or flashlight and dress for the weather. For more info visit naturalhistory.novascotia.ca/what-see-do/

Geekquinox

This weekend the geeks shall inherit the Halifax Forum for two days of mystical and sci-fi fun. There will be video games, cosplayers, board games and much more. On Saturday, the event goes from 11 a.m. to 7 p.m., and Sunday goes from 10 a.m. to 6 p.m. They will have over 80 vendors of "geekcentric goods and services." Tickets are available at the door for \$10 a day or \$15 for the weekend and can be bought online at eventbrite.ca/e/spring-geequinox-version-40-tickets-32613245094.

Together in harmony

Everyone is invited to come together in song with the Nova Scotia Mass Choir for a special show Saturday night. They're presenting their program Breaking Down Walls: An Evening with the Nova Scotia Mass Choir at the First Sackville Presbyterian Church starting at 7 p.m., aiming to promote racial harmony. Tickets are \$10 each and are available by phone at (902) 865-7383 or by email (elizabethtomlik@gmail.com).









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The southern resident killer whales are an endangered orca population that live in the Salish Sea off B.C.'s coast. 15569/DFO SARA

It isn't too late to save the orcas, scientists say

SALISH SEA

There are only 78 of the iconic whales left in waters of B.C.



Wanyee Metro | Vancouver

Last year was not a good year for the whales.

Seven members of the Salish Sea orca population, including two breeding-age females, two breeding-age males, two calves, and one elder died in 2016.

Researchers say with only 78 orcas left, that death rate is not

sustainable. The whales are declining for a variety of reasons ranging from infection, starvation, and conflict with large ships, both head-on and from the noise pollution they emit.

The good news is the orcas off B.C.'s coast are among the most studied marine mammals in the world. Scientists say they know how to save them.

"This is the saddest part. We know what to do to save these animals. The problem is whether we will find the political will to do something about it," said Giles, a scientist at the Center for Whale Research in Washington State.

"If we do it fast enough, then yes, I think this population can rebound."

The Salish Sea orcas, also

called the southern resident killer whales, are a distinct group of orcas that have their own distinct culture, language, and genealogy. They survived the 1960s and 70s where about 50 of them were either captured for captivity or killed, but the iconic population is now facing a no less dangerous situation.

The endangered whales are swimming in a toxic soup that makes it harder for them to find the little prey that remains, all the while having to dodge oil tankers. Tanker traffic in the Salish Sea is forecasted to increase seven fold after the Kinder Morgan expands its pipeline through Burnaby, B.C. in 2019.

Researchers agree this combination of threats, if not ad-

dressed, is enough to choke the iconic animals until there are not enough whales to keep the population alive.

"It's like a death by a thousand cuts," said Giles.

She and her team are responsible for taking a bi-annual census of the Salish Sea orca population and both Canadian and American governments rely on that data : for their records.

The Canadian government announced its intention to help preserve the northern and southern resident killer whale population in 2011 and committed to an action plan in 2017.

But wildlife advocates describe the plan as a commitment to do something, rather than actually doing something.

A pollutant like no other



Matt Kieltyka Metro Edmonton

So you divert recyclables and organics from the landfill, bring reusable shopping bags to the grocery store and have phased out cleaning products with harmful chemicals in them. Think you've cut out the most harmful environmental practices in your green-conscious home?

Think again.

Vancouver Aquarium researcher Dr. Peter Ross is at the forefront of studying one of the lesser known but most prevalent ocean pollutants today and the source may surprise you.

"There's kind of a smoking gun, if you will, that suggests clothing and textiles through laundry and waste water is releasing large quantities of fibres into coastal waters," said Ross, the director of the Ocean Pollution Research Program at the aquarium's Coastal Ocean Research Institute. "It's really a pollutant like nothing I've worked on before. With other pollutants, you can take a sample from the environment and say I found 'X' concentration of mercury. In this case, there's an infinite number of permutations in terms of shape, size, density, colour, additives and etcetera."

Synthetic fibres - like the polyester found in fleece jackets make up as much as 80 per cent of the microplastics in oceans,

according to Ross. Samples taken from the Strait of Georgia show an average of 3,200 particles of microplastics per cubic metre of seawater, which are then ingested by zooplankton and fish at the bottom of the food chain.

Washing a single item of clothing can release between 10,000 to 400,000 microfibres per cycle as it degrades over time and shreds in the laundry.

While the public is largely unaware of the issue, industry has taken notice. In March, Ross partnered with Mountain Equipment Co-op to research the presence of polyester, nylon and acrylic fibres in the ocean and trace them back to the source.

MEC chief product officer Jeff Crook says the outfitter has been concerned about microfibres for several years but the industry has more questions than answers at the moment.

"When I'm around industry people, this is definitely bubbling up as a topic," said Crook. "Everyone is sort of lit up on the issue but there are a lot of questions. Which is why our research with the aquarium, for us, is so important, because we get hard data that helps us map a course out how we proceed and make the situation better. This is one of those areas where we can make a difference."

Ross is also working with the Metro Vancouver and Capital regional districts to see how wastewater treatment and filtration can be improved.



It's really a pollutant like nothing I've worked on before. There's an infinite number of permutations in terms of shape, size, density, colour, additives and etcetera

Dr. Peter Ross

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Feds pilot 'name-blind' hiring

RECRUITMENT

Information revealing race and ethnicity will be removed

Ottawa has launched a pilot project to reduce biases in the hiring of federal civil services through what is billed "name-blind" recruitment, a practice long urged by employment equity advocates.

The Liberal government's move came on the heel of a joint study by University of Toronto and Ryerson University earlier this year that found job candidates with Asian names and Canadian qualifications are less likely to be called for interviews than counterparts with Anglo-Canadian names even if they have a better education.

"It's not just an issue of concern for me but for a lot of people. A number of people have conducted research in Canada, the U.K., Australia and the U.S. that showed there is a subliminal bias in people reading too much into names," said Immigration Minister Ahmed Hussen, who first delivered the idea to Parliament last year as a rookie MP from Toronto.

"Name-blind recruitment could help ensure the public service reflects the people it serves by helping to reduce unconscious bias in the hiring process."

Some companies in the private sector including banks and accounting firms have already adopted the practice, which removes names from application forms in order to stop "unconscious bias" against potential recruits from minority backgrounds. In the United Kingdom, the government now requires name-blind applications for university admissions service and other applications for organizations such as the civil service. British Broadcasting Company and local government.

U of T sociology professor Jeffrey Reitz said the initiative is an important step forward but cautioned officials they must consult independent experts in developing the process and reviewing the results to make sure it is done right.

To conduct name-blind screening, he said, recruiters must remove any information on a resumé that would reveal the ethnicity of the person, such as

DRIVING HIGHER STANDARDS*

name, birth place and membership of association before coding the candidates in the talent pool.

"If the government is serous about it, they need to make the process transparent and allow researchers to look at the new procedures and the results," said Reitz, a co-author of the Canadian study on name discrimination against Asians.

Debbie Douglas of the Ontario Council of Agencies Serving Immigrants said she hopes the pilot could benefit other minority groups, given studies have shown that white English- and Frenchspeaking able-bodied women have been the primary beneficiaries of current employment equity programs.

Treasury Board President Scott Brison, who championed Hussen's initial idea, said he welcomed the opportunity to explore new ways of recruiting talent for the public service.

"A person's name should never be a barrier to employment. Diversity and inclusion in the workplace is critical to building an energized, innovative and effective public service that is better able to meet the demands of an ever-changing world," said Brison. TORSTAR NEWS SERVICE



Minister of Immigration, Refugees and Citizenship Ahmed Hussen says studies show "there is a subliminal bias in people reading too much into names." THE CANADIAN PRESS

BORDER

Human smuggling probe leads to arrests

Authorities in the United States say two Canadian citizens and one person from Nigeria have been apprehended as part of an investigation into human smuggling.

The United States Border Patrol says agents picked up the three people last Friday between the North Portal and Northgate crossings, the legal entry points into Saskatchewan from North Dakota.

It was not immediately clear whether the people are still in custody or if charges have been laid.

The investigation has already led to the arrest and two charges against a Saskatchewan woman.

RCMP say the woman was stopped last Friday on the Canadian side of the border, near the same crossing points in Saskatchewan, and nine people from West Africa were in her vehicle.

Mounties would not confirm the ages, gender or nationalities of the people from West Africa, but say they have all made refugee claims.

THE CANADIAN PRESS

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Trump slams Canada from the Oval Office

U.S. President Donald Trump unleashed on Canada from the Oval Office Thursday, suggesting that the country was "taking advantage" of U.S. workers and demanding trade renegotiations begin "very quickly."

Trump denounced the North American Free Trade Agreement as a "disaster" and said he wants Canada to move on three particular industries: dairy farming, lumber and

"The fact is, NAFTA - whether it's Mexico or Canada is a disaster for our country," Trump said.

"We can't let Canada, or anybody else, take advantage and do what they did to our workers and to our farmers."

Trump vowed to move "very, very quickly" on negotiations with Canada, saying he would have a more detailed plan in coming weeks.

The president's comments were short on specifics and it's unclear how they will translate into action. Trump has used belligerent language on issues like NAFTA, NATO and China in the past, but has often failed to back up those words with significant policy changes.

But they do represent a marked departure from Trump's warm words for Canada after he met with Prime Minister Justin Trudeau in Washington only two months ago.

In February, Trump said the U.S. enjoys a "very outstanding trade relationship with Canada," pledging only "tweaks" to that relationship in larger NAFTA renegotiations.

Officials in Ottawa will have to puzzle out how that outstanding relationship turned into a "disaster" in the mercurial president's mind - and whether Trump will act on his

Ironically, Trump's comments came only hours after Trudeau praised the president's willingness to listen to reason.

"As politicians we're very much trained to say something and stick with it," Trudeau said in a televised interview with Bloomberg Businessweek.

"(Trump) has shown that if he says one thing and then hears good counter-arguments, or good reasons why he should shift his position, he will take a different position. ... There's a challenge in that for electors, but there's also an opportunity in that for people who engage with him to try and work to achieve a beneficial outcome."

A request for comment to the U.S. Embassy in Ottawa was not returned Thursday. TORSTAR NEWS SERVICE



Police officers block the access to the Champs-Elysees in Paris after a shooting on Thursday, GETTY IMAGES

Attacker opens fire on Champs-Elysees

Daesh quickly claimed responsibility for the attack

A gunman opened fire on police on Paris' iconic Champs-Elysees boulevard Thursday night, killing one officer and wounding three people before police shot and killed him. Daesh quickly claimed responsibility for the attack.

French presidential candidates cancelled or rescheduled last-minute campaign events ahead of Sunday's first round vote in the tense election. Security already was a dominant

theme in the race, and the violence on the sparkling boulevard threatened to weigh on voters'

Investigators were conducting searches early Friday in at least one eastern suburb of Paris, according to three police officials. Authorities were trying to determine whether the assailant had accomplices, anti-terrorism prosecutor Francois Molins told reporters at the scene.

The attacker emerged from a car and used an automatic weapon to shoot at officers outside a Marks & Spencer's store at the centre of the Champs-Elysees, Molins said. Two police officers and a woman tourist were wounded, he said.

Daesh's claim of responsibility just a few hours after the attack came unusually swiftly for extremist group, which has been losing territory in Iraq and Syria.

In a statement from its Amaq news agency, the group gave a pseudonym for the shooter, Abu Yusuf al-Beljiki, indicating he was Belgian or had lived in Belgium. The group described it as an attack "in the heart of Paris."

Police and soldiers sealed off the area, ordering tourists back into hotels and blocking people from approaching the scene.

The attacker had been flagged as an extremist, according to two police officials, speaking on condition of anonymity because they weren't authorized to publicly discuss the investigation.

On Thursday night, emergency vehicles blocked the wide Champs-Elysees, an avenue lined

with shops and normally packed with cars and tourists that cuts across central Paris between the Arc de Triomphe and the Tuileries Gardens. Subway stations were closed off.

The gunfire sent scores of tourists fleeing into side streets.

"They were running, running," said 55-year-old Badi Ftaiti, who lives in the area. "Some were crying. There were tens, maybe even hundreds of them."

French President Francois Hollande said he is convinced the circumstances of the latest attack pointed to a terrorist act. Hollande held an emergency meeting with the prime minister Thursday night and planned to convene the defence council Friday morning. THE ASSOCIATED PRESS

Canada in three areas: lumber, energy, and dairy — and says the U.S. can't let Canada or anyone else take advantage of America. **GETTY IMAGES**

U.S. President Donald Trump is complaining about trade with

The Unites States' dark devotion to the death penalty ROSEMARY WESTWOOD From the U.S.

One of the ways I've sought to understand the United States, as a Canadian, has been to compare our absurdities. One inexplicable aspect of American life is the ongoing, vehement, pseudo-religious devotion of some to capital punishment. For weeks now, Arkansas has been in the news for fast-tracking the execution of eight men in 11 days.

Anyone following the mod-

ern death sentence in America knows the means of execution, namely drugs, is often a source of inconvenience for U.S. states. Only certain drugs are allowed. You can only get them from certain companies.

There's been a multi-year shortage of said drugs. And eventually, they expire. Arkansas's supply of the sedative midazolam, one of the drugs used in executions, will expire at the end of the month. Thus the state finds itself with enough drugs to kill eight inmates, but not enough time.

Or not enough time to move at the regular pace. Enter a flurry of legal challenges, and this week the state's supreme court blocked two executions (it had already blocked one). State officials are keen to follow through on the rest, leading to such news reports as: "Arkansas remains hopeful it can execute five inmates before the end of the month." Capital punishment is the pinnacle of governmental arrogance. It is among the purest examples of unilateral, complete state power: the

power to kill. Unilateral, complete government power is not exactly desirable in a democracy, not exactly a hallmark of freedom. And yet, in the same week Arkansas is battling it out in the courts to kill its citizens, the U.S. president took time to congratulate the Turkish prime minister Recep Tayyip Erdogan in his ongoing efforts to concentrate power. Erdogan narrowly won a recent referendum that observers warn could have been manipulated by as many as 2.5 million votes.

Donald Trump's reaction was to give the Turkish leader a "well done" call. In the past year, Erdogan has responded to a coup attempt by jailing hundreds of journalists, shutting down dissenting media, and silencing critics. He told election observers warning of possible voter fraud to "know their place."

Disturbingly, those do sound like the words of a man Trump would admire. Trump is exactly a man who likes others to know their place. The place of the U.S. public

is not, as Trump would have it, in his proverbial pocket. It is not one of unthinking loyalty. The place of the U.S. public is one of oversight. Of the critic. And in four years: of the boss. It remains to be seen how much Trump's obsession with power will change the presidency. Enough Americans appear pleased to have him and his strong man (ignorant man) ways. Just as 49 per cent (as of September) support the death penalty. Inexplicable support on both counts, but

'Operation Vandelay Industries' nabs Newman

Fake architect faces charges



Andrew Fifield Metro Toronto

Fake news? No, this is real and it's spectacular.

George Costanza may think "it's not a lie if you believe it," but New York's attorney general disagrees. In a press released marbled with Seinfeld lore, Eric Schneiderman announced that a fake architect named Paul J. Newman faces nearly 60 charges courtesy of a sting named "Operation Vandelay Industries."

Newman is accused of bilking nearly \$200,000 from dozens of clients who paid him for "fraudulent architecture and design services," the release al-

"By allegedly falsifying building plans, code compliance inspections and field reports, the defendant jeopardized the safety of those who resided in and fre-



In a case containing one Seinfeld echo after another, a New York man named Paul Newman is accused of being a fake architect who bilked his client out of nearly \$200,000. CONTRIBUTED

quented the buildings he was contracted to work on." Schneiderman said.

"Deceptive actions like these erode public trust."

The investigation earned its Must See TV moniker from a bogus latex company invented by Seinfeld's George Costanza to deceive his unemployment caseworker. Like many of Can't Stand Ya's schemes, Vandelay

Industries went badly awry.

The name was resurrected several times in later episodes, including the "importer-exporter" Art Vandelay, a fake boyfriend of Elaine's who was part of a ruse intended to cover up George's attempted tryst with Marisa Tomei. That racket, of course, tripped over the details and into crashing failure. But most importantly, as any Se-



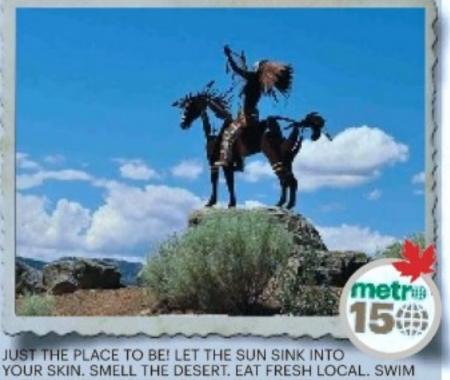
Hello, Newman, Paul J. Newman, the president of Cohesion Industries, faces nearly 60 charges after a distinctly Seinfeld-themed sting. CONTRIBUTED

infeld fan knows, an architect is George Costanza's highest ambition when it comes to fake jobs to impress people.

The real Newman has been charged with 58 counts of larceny, forgery, fraud and unlicensed practice of architecture. He faces the prospect of spending up to 15 Festivuses in the same place the Seinfeld gang ended up.

150 WAYS of looking at Canada

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Steven O'Halloran, P.Eng., Mechanical Manager, Industrial



Tom Watson, P.Eng., Manager, Buildings Mechanical



Halifax Polycystic Kidney Disease (PKD) Patient Forum Join us April 24th

Halifax PKD Patient Forum

April 24, 2017 6:30 p.m. until 9:00 p.m. Four Points by Sheraton Halifax 1496 Hollis St. Halifax, NS

Polycystic kidney disease (PKD) is one of the most common life-threatening, genetic diseases affecting Canadians and can result in the growth of cysts that enlarge the affected kidney. destroying its ability to function.

Patients and their loved ones are invited to join this forum to:

- Learn about what a PKD diagnosis can mean for you or a loved one, as well as how PKD can be managed from Dr. Steven Soroka, Nephrologist, Nova Scotia Health Authority;
- Hear about what resources and support systems are available to you and your loved ones from Jeff Robertson, Executive Director, PKD Foundation of Canada;
- · Have your questions answered during a Q&A period led by Dr. Steven Soroka and Jeff Robertson; and
- Meet other people living with PKD in your community.

All are welcome to attend!

To RSVP and confirm your participation, please visit: HalifaxPKDPatientForum.EventBrite.Ca





SCIENCE

Your essential daily news

METRO take action EARTH DAY 2017

DECODED by Genna Buck and Andrés Plana/Metro

GREAT BARRIER GRIEF

Two-thirds of Australia's teeming Great Barrier Reef could die thanks to **coral bleaching**. To put it glibly, one day this could be a real snorkelling attraction: The Ghost Town Tour. In every direction, as far as the eye can see, swimmers explore a vast white ossuary where a coral reef once teemed with life. This isn't the only reef facing such a bleak fate. Here's why.





GREAT BARRIER

ecosystem built on a backbone of coral



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About the size of Germany. Its area could fit:

- All the Great Lakes
- Lake Winnipeg Great Bear Lake

...COMBINED

Types of sharks

WHAT IS CORAL BLEACHING?

Stony corals have hard, white skeletons of calcium carbonate that form the basis of reefs. They're covered in friendly, pigment-rich algae called zooxanthellae, which give coral their brilliant colours

source. When algae fall off or die or their pigments degrade, that's bleaching. It's fatal within a few months.

Why does it happen? Change in temperature: Warming water due to

climate change is the leading cause. A cold shock can have the same effect.

Ocean acidity: Excess carbon dioxide in the air dissolves in the ocean, forming carbonic acid. Too much of it hurts corals.

Changing tides: Exposure to air causes bleaching. Too much sun: If it's too hot outside, algae pigments degrade and produce toxic chemicals.

Pollution: Some humanmade chemicals make bleaching worse.

REEF 101 Meet the collossal



- Great Slave Lake
- About 11 million hockey rinks

and rays

Types of coral

and serve as a major food

CITIZEN SCIENTIST by Genna Buck/Metro

On Earth Day, let's save science too work, a.k.a. everyone.



My stomach fell through the floor when I read the news out of the University of Alberta earlier this month: 13 per cent of an irreplaceable collection of Arctic ice cores are lost forever thanks to a dual malfunction in a freezer and the software monitoring it.

Analyzing the gases trapped in ancient ice is one of the few windows we have into climatic history. They're practically priceless. And now they're water.

The snafu is enough to strike terror into the heart of everyone who has ever made a mistake at

Far be it for me to point fingers. But I want to draw attention to an overlooked aspect of the story: The ice-core collection was "orphaned" and needed a new home because of budget cuts at Natural Resources Canada. It used to be housed at a federal lab in Ottawa.

Securing scientific knowledge for future generations costs money. Sometimes a lot. But it's more than worth it.

On Earth Day, we focus, rightly, on what we can do to preserve

the precious environments and resources that grace our planet. But preserving knowledge is just as important. And we can't have one without the other.

And most of the time, preserving knowledge about the Earth doesn't require fancy freezers. A digital document will do.

I spoke to UBC hydrologist Sean Fleming this week about how little of the data that's been accumulated about Canada's rivers, invaluable to conservation, is actually available to the public. Right now, his book Where the

River Runs is new. But, as books do, it eventually will go out of print. Presumably it will live on, online, Librarians who convert old books to digital formats, storing them in an easy-to-access way forever, are superheroes. Ditto for the people running the Wayback Machine, a project for capturing websites that have been left fallow online too long and become dead links. Those people deserve props on Earth Day, too.

Science Question? citizenscientist@metronews.ca



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FINDINGS Your week in science



POLAR ICE CRAP

Antarctica: A vast, unspoiled ecosystem where leopard seals and whales roam without a care in the world. Not so much. A new study out of Concordia University has found that, contrary to popular myth, the outlook for biodiversity at the south pole is 'grim' thanks to threats from growing tourism, overfishing and climate change.

GLASS BATTERIES

Students at UC Riverside have smashed expectations by turning used glass bottles into fully functional nanosilicon anodes - a key component of highperformance batteries used in electric cars and handheld electronics.

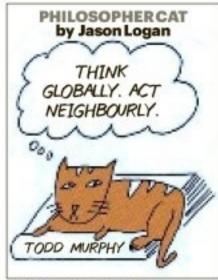


DEFINITION

Living things that are sessile are anchored permanently to something and cannot move under their own power.

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Deborah sits so still when she zones out and watches TV that she seems like she belongs to a sessile species.



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HIFE

Your essential daily news





It's a rom-com, with monsters

Even its main star missed at least one wrinkle at first

Richard Crouse For Metro Canada

Colossal director Nacho Vigalondo's film may have the year's strangest premise. He takes a basic rom-com format — woman in trouble returns to hometown and strikes up a friendship with a former schoolmate — and turns it upside down. And inside out. And flips it on its head.

"I understand some people are angry at the silly elements of the film," says Vigalondo, "but I'm a comic book guy and those are for me a way to re-enact the golden age of comic books on screen. I'm OK with superhero films not being afraid to be silly sometimes."

He simultaneously reinvents and destroys the form in a movie that might be best referred to as a rom-mon.

"Colossal is an original idea," he says, "and you have to be careful with original ideas. A movie doesn't make it on originality alone, you need something else."

Anne Hathaway stars as Gloria, an unemployed Manhattanite who fills her days — and most nights — with booze.

As her life falls apart she returns to her small hometown



Anne Hathaway's latest release, Colossal, was filmed in Langley, B.C., when she was a few months pregnant. "I can't tell you how grateful I was to the crew for letting me feel so protected on set," she said, noting that within an hour of being back in L.A. paparazzi reported to the world she was expecting — a big difference from the way she was treated in Canada. She tells Torstar the unusual movie premise "is like nothing I've ever read before." CONTRIBUTED

a broken, drunken wreck. On home turf she reconnects with Oscar, played by Jason Sudeikis, a childhood friend, now owner of the local bar and possible love interest.

So far it sounds like the setup for an unconventional rom-com.

She takes a job at the tavern, earns some spending cash and access to after-hours booze. Then things take a weird turn.

One afternoon she wakes up with the forty-ounce flu to the news that a giant monster has attacked Seoul, South Korea. It soon becomes clear to Gloria that she is somehow related to the mysterious attacks. It sounds outrageous, like the ramblings of a drunken sot, but when she takes Oscar to the sandbox in the local playground, the monster suddenly appears on the other side of the earth, mimicking her every move.

When her actions cause havoc in Seoul she is forced to confront the monster within: her addiction.

Colossal is the kind of script

most Rom Com Queens would toss in the trash by page 11. Hathaway, however, throws herself at it, relishing the off-kilter and dowdy character. This may be a monster movie, but the real monster is her alcoholism, not the foot-stomping Kaiju.

"When Anne Hathaway said she wanted to play this role that was probably the biggest turning point in my whole career. If I had a list of actors in mind I would have been the crazy guy on the block. Let me put it to you this way: Let's fantasize, if this movie becomes an Oscar winner for Best Picture, that would be a lesser jump than these actors wanting to be in this film."

Colossal isn't exactly a mon-

ster movie or a Jennifer Aniston-esque rom-com. It is something else, something original and that is its beauty. It's a reinvention, for both Gloria and its genres.



Colossal
The Lost City of Z
Unforgettable
Free Fire

HOW RATING WORKS

*** SEE IT

** WORTHWHILE

** UP TO YOU

* SKIP IT



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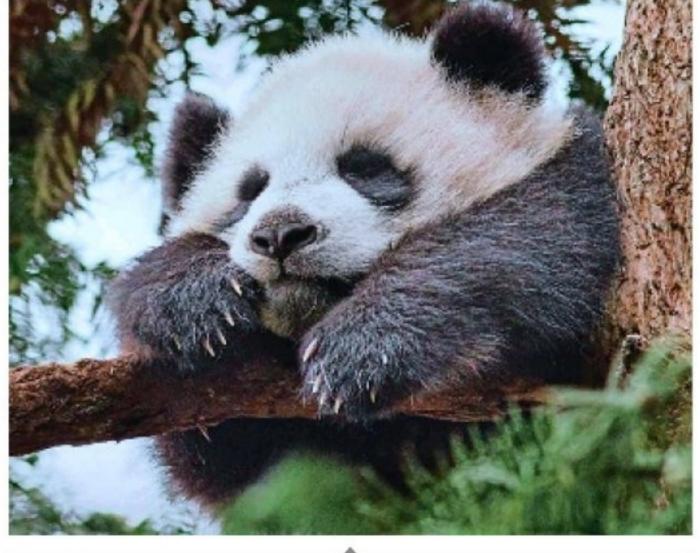


20 Weekend, April 21-23, 2017 Movies **metr**LIFE

and raised a wild child

Born free Born In China, a new doc from DisneyNature opening Friday, follows animal families through four seasons. Friday, follows animal families through four seasons. These vulnerable, magnificent species are rarely captured on film in such detail. The almost unbearably cute film features a bouncing soundtrack and lively narration by John Krasinski (yes, Jim from the Office). Here are three things we learned. GENNA BUCK/METRO





RUNAWAYS

Golden snub-nosed monkeys are 'lost boys'

At the top of the film, Tao Tao the baby golden snub-nosed monkey has his world turned upside down — his baby sister is born, and his parents' attention is diverted. He leaves the family unit to join a troupe of "lost boys." These adolescent boys and young, single males - stuck at that awkward age between babyhood and starting families of their own - band together to eat, play and learn skills they'll need for the rest of their lives (most of which will be spent in tree tops).

TREE HUGGER

Pandas must learn to climb trees

The baby panda Mei Mei steals every scene she is in. She rolls down hills, gnaws on everything (edible or not), and constantly tries to climb trees — much to the consternation of her 'helicopter' mom Ya Ya. But Ya Ya eventually had to let Mei Mei strike out on her own. Climbing is a skill all panda babies must learn in order to evade predators as their mothers, who spend 14 hours a day chomping down on bamboo, can't keep an eye on them at all times.





Mama chirus are machines

Male and female chiru, also known as Tibetan antelope, only hang out long enough to mate. The pregnant mothers set out on an epic, 700-km round-trip journey across harsh, high-altitude plains to give birth at traditional calving grounds. Then they head back, newborn calves in tow, to meet up with the males and start the process all over again.

YESTERDAY'S **ANSWERS**

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games

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metr#LIFE Movies Weekend, April 21-23, 2017 21

She didn't live in the '70s but loves the era

INTERVIEW

Brie Larson talks about dark comedy Free Fire

Steve Gow For Metro Canada

Since winning the coveted best actress Oscar for her role in the 2015 hit drama Room, Brie Larson has had many big-ticket projects to brag about — the most recent King Kong re-boot, being cast as Captain Marvel in a forth-coming comic-book blockbuster. Surprisingly however, she's most excited to talk about a low-key throwback to the '70s.

"Some of my favourite movies are from that period," said the 27-year-old star, "so it was wonderful to try to represent that now."

Speaking about her latest film, Free Fire, Larson continues: "It's funny because that's not a period of time that I lived in; I only know it through film. I'm going off of a reference point and putting it on this new reference



Oscar-winning actor Brie Larson stars in the '70s comedy-crime-thriller Free Fire, directed by Ben Wheatley. HANDOUT

point."

Directed by British indie wunderkind Ben Wheatley (High-Rise), Free Fire casts Larson alongside an ensemble cast in a high-concept dark comedy about a broker attempting to bridge a big arms deal between IRA members and a hothead dealer (Sharlto Copley of District 9).

But when suspicions arise, the warehouse transaction erupts into the kind of violence that seems like, as one reviewer noted, "the last 90 seconds of Reservoir Dogs stretched out to fill 90 minutes."

"There is the general concept of what it is on the surface and then there's something beneath it. They're really smart with what they're doing," said Larson of Wheatley and co-writer/wife Amy Jump's oddball screenplay. "Ben is incredible in that way because there is so much happening underneath that he doesn't fully explain to you," said Larson of Wheatley's directing style. Larson draws comparisons to John Cassavettes explaining that like the late iconic indie auteur, Wheatley keeps his actors on a "need-to-know basis" when filming.

"If there was a scene where

two characters were walking down the street and one was supposed to be in control of the situation and the other was unsure of what was going to happen, he'd give the pages to the actor who was supposed to be in control," explains larson.

"Ben really sets up the situation for that — it creates these situations where you're running off on instinct and adrenalin."

SHARLTO SAYS

Copley on Wheatley

"What was interesting to me about working with Ben (Wheatley) is that I didn't know his previous stuff," said Sharlto Copley of the acclaimed director. "When I spoke to him on the phone, he said he wanted to have comedy in this thing (and) I just hoped he would keep a lot of the fun stuff."

For Copley, that kind of instinctual acting was particularly thrilling. Not only did it allow him to improvise heavily, but it also added a layer of surprise when he finally watched the final product on-screen.

"He let me run wild with improv. When you have this level of cast to work with, everyone's choosing an interesting decision," said Copley.

"You're not surprised by what happens in the movie. But the moments in the movie between the actors — there's surprise. There's all sorts of stuff that wasn't in the script, that wasn't on the page."

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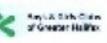
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Scotlabank





Female producer makes director debut

Men pick the movies. Women only go to movies that their husbands choose. And men definitely don't see movies about

That was the prevailing line of thought at Hollywood studios not too long ago. Denise Di Novi, a prolific producer behind everything from Batman Returns to The Sisterhood of the Traveling Pants, heard it for years when she was starting out. Back then, she mostly felt lucky to be one of the few female producers around. Directing didn't seem like a possibility. In fact, Di Novi said, it felt insurmountable.

Now, nearly 30 years after she made a name for herself as the producer of Heathers, Di Novi is making her directorial debut with the thriller Unforgettable. Out Friday, the film is about a woman driven to madness when her ex-husband brings a new fiancé home.

Starring Katherine Heigl as the Hitchcockian blonde unwilling to let her ex, Geoff Stults, move on, and Rosario Dawson as the girlfriend with a traumatic past, Di Novi had been developing the script to produce when Warner Bros. suggested that she direct.

"I'd been championing women directors for years and speaking about the need for more and thought, 'I should put my money where my mouth is and direct a movie," Di Novi said.

She also loved the genre. In the films of Alfred Hitchcock and Adrian Lyne, Di Novi liked that the women were always especially interesting and layered.

"I love to see female characters put in really complex situations and overcome them. They make mistakes and they're flawed and they're crazy. I like the full spectrum, the messiness of the female experience," Di Novi said.

Di Novi knew she didn't want to mimic other directors, though. One thing she's learned from



Unforgettable stars Rosario Dawson and Katherine Heigl. CONTRIBUTED

producing is that bringing your authentic point of view to a project is always going to be better than homage. "She was a natural," said producer Ravi Mehta. "It felt as if she'd been directing her entire life."

Di Novi found her way into producing almost by accident. She started out as a journalist in Toronto, but would get in trouble for personalizing every story, often ending up in tears. She laughs that she got fired from every job she'd ever had until she started working on movies. She tried out publicity and screenwriting but it was producing that stuck.

Her work on the still shockingly dark high school comedy Heathers put her on the map and led to a fruitful meeting with Tim Burton. They bonded over feeling like outsiders in Hollywood, and went on to make films like Edward Scissorhands, Batman Returns, Ed Wood and Nightmare Before Christmas.

In more than 40 credits, Di Novi has dabbled in all genres from superhero pics, to classic literary adaptations.

"I'm not snobby. I just love movies. I love every kind of movie. I respect every kind of movie," Di Novi said. "I'm a 'why not' kind of person." THE ASSOCIATED PRESS

Sienna Miller finds muse in wife of lost explorer

INTERVIEW

Progressive suffragette inspires and intrigues her

Steve Gow For Metro Canada



In 1925, an uncompromising explorer named Percy Fawcett was so focused on finding a lost civilization in the Amazon that he disappeared in what seemed a doomed quest — even if Sienna Miller doesn't quite see it that way.

"I've always been drawn to (the idea of) the journey as the destination," said Miller recently of the tragic tale behind The Lost City of Z.

"And I think the bravery that he stayed in this and the courage and resilience of the quest I find there's something romantic about that for me."

And what a quest it was. On a mission to map Bolivia at the turn-of-the-century, Fawcett uncovered cryptic clues about an undiscovered city built by "savages" and set out on the ill-fated crusade that roused ridicule from a haughty English establishment.

However, Miller not only found inspiration in Fawcett's determined drama; she was also equally intrigued to play Fawcett's wife Nina - an early-century spouse who wasn't "just a wife" but a character rich with her own progressive ideas.

"With all these tidbits of information I pieced her together but she did feel incredibly contemporary," insisted Miller of the little-known self-sacrificing suffragette.



"I like the idea of a real life (and) I find the research part of it really fulfilling. I also feel a responsibility that comes with playing a real person; it can be galvanizing in some way - you feel a sense of duty."

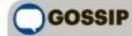
Indeed, the role itself came at a good time for the actress. Although filmmaker James Gray approached her 7 years ago, Miller's then "chaotic" private life was fodder for the British tabloids even as she suffered a misstep with GI Joe: The Rise of Cobra - a role she conceded "compromised my values."

The offer would mark an important shift in career redesign; one that now sees the 35-yearold boasting the best roles of her life.

"I was really confused by the tabloids and it made it difficult to do the work that I wanted because people had a very strong

perception of who I was," admitted Miller, now uncompromising in her own right and happily preparing to premiere Cat on a Hot Tin Roof on London's West

End in July. "It's getting better (and Hollywood is) much more focused on giving women good parts in films and I think that's fantastic."



From Lost City to London

"Our director is Benedict Matthews who's a real auteur; he doesn't do things in a traditional way," said Miller of her upcoming London production of Cat on a Hot Tin Roof this July. "I do know he's a visionary so I'm excited about taking a classic play and seeing what comes out."

On Charlie Hunnam

"He's got a depth, an understanding and an interest - he will do anything to get the

story right," said Miller of her fictional husband. "(And) he's beautiful to look at - he's got all the ingredients basically to be a massive movie star."

Why Percy Fawcett Matters

"What makes it resonate is that this man saw something and he applied himself and his whole life to it," said Miller of the film, "There's something admirable about that kind of passion, that kind of

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HONOURING ENVIRONMENTAL HOMETOWN HEROES



CONTRIBUTED

The word 'hero' gets bandied about a lot these days. But Earth Day Canada's Hometown Heroes program aims to reclaim some of the term's gravitas by honouring those who make a real difference to environmentalism in Canada.

Launched in 2004, Hometown Heroes recognizes and celebrates individuals, groups, and businesses that have made a positive impact on the environment, either through their actions or through education.

"A Hometown Hero can be anyone finding a creative solution to an environmental challenge," says Cristina Greco, Recognition and Development Manager for Earth Day Canada (EDC). "Usually it's someone who also demonstrates leadership in a particular field and really mobilizes their community to make a difference."

The annual program comprises five categories — Youth, Individual, Teacher, Group, and Small Business — with six finalists chosen by judges culled from previous winners, as well as EDC associates and community partners. Each winner receives a \$5,000 cash prize to be used towards improving the environment or, in the case of the Youth prize, a scholarship that will contribute to a post-secondary education. Winners will be announced in May and recognized during an awards ceremony on June 14

at the Mill Street Brewery in Toronto's historic Distillery District. New for 2017 is the Teacher category, which salutes an educator who's doing extraordinary work to mobilize his or her school community in an eco-initiative. Of all the Hometown Heroes categories, this one received the most nominations this year.

"Teachers are a huge part of our audience at EDC," says Greco. "Given that through our EarthPLAY and EcoKids programs we engage thousands of educators, we thought it imperative to add this category so we could highlight the amazing work being done by them both inside and outside the classroom."

While the awards recognize individuals and groups, Greco hopes Hometown Heroes will have a wider impact across Canada in promoting not only environmentalism but also the power of ordinary Canadians to effect change.

"It is our hope that the winners of the Hometown Heroes Awards serve as ambassadors
and role models to people who doubt their own
ability to make a difference. Hometown Heroes
winners are often from small towns across Canada, face the same barriers that many of us face,
and are still making outstanding contributions
to their local communities, and in some cases, to
the country."

—SEAN PLUMMER

Pilot program transforms playgrounds

The schoolyard should be fun for all. Yet, from bullies and bad behaviour to hyper-competitiveness and downright boredom, the playground can be a place that's rather devoid of, well, play. But now Earth Day Canada (EDC) is looking to take back the humdrum schoolyard and make it fun for its most frequent visitors: kids. To that end the Toronto-based environmental org has teamed up with the Toronto District School Board (TDSB) to introduce the Outdoor Play and Learning (OPAL) pilot project into six TDSB schools. The idea is to provide kids with an assortment of materials — fabric, rope, spare tires, hay, water and the like — and let them get creative.

Sound like a recipe for a mess or, worse, a disaster? Not so, says EDC Director of Play Programs Brenda Simon. She insists that selfdirected play is the best kind of activity.

"Can you remember what it was like to face the same asphalt and grass schoolyard every day for 180 days a year for six years?" asks Simon. "The resemblance of these places to prison yards has been noted more than once. A lot of bullying behaviour arises out of boredom — the desire to create some excitement and random experience against which to react. By providing varied play opportunities, the children can create endless

variety in their play."

Those varied opportunities have had encouraging results. Less athletic children play more because they don't worry about losing. Kids learn to play safe and do so with kids of different ages and abilities. And the reduced stress on staff and students leads to fewer fights and office visits.

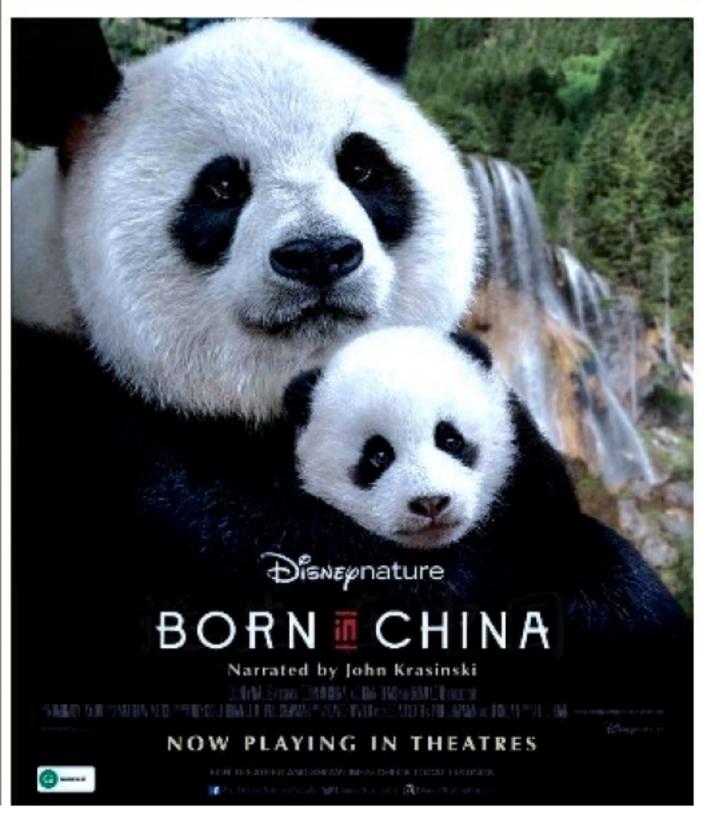
"Many trips to the office arise out of boredom and the desire to create a little drama," says Simon. "The injured child will frequently be accompanied by a chorus of sympathizers...each bearing their long dramatic story of what happened. Many other children simply experience stress in the playground and use office visits to get out. When the children have so many things to do, are able to build themselves enclosures and smaller social environments, and are having so much fun, they endure the little injuries — social or physical. They are naturally more resilient."

And parents, take note: the result may also be better grades. "We hear a lot of stories about greater focus and less unhappiness in the classroom after OPAL is introduced," says Simon.

-SEAN PLUMMER



CONTRIBUTE





It's a bird...It's a plane... It's...

SEAN PLUMMER

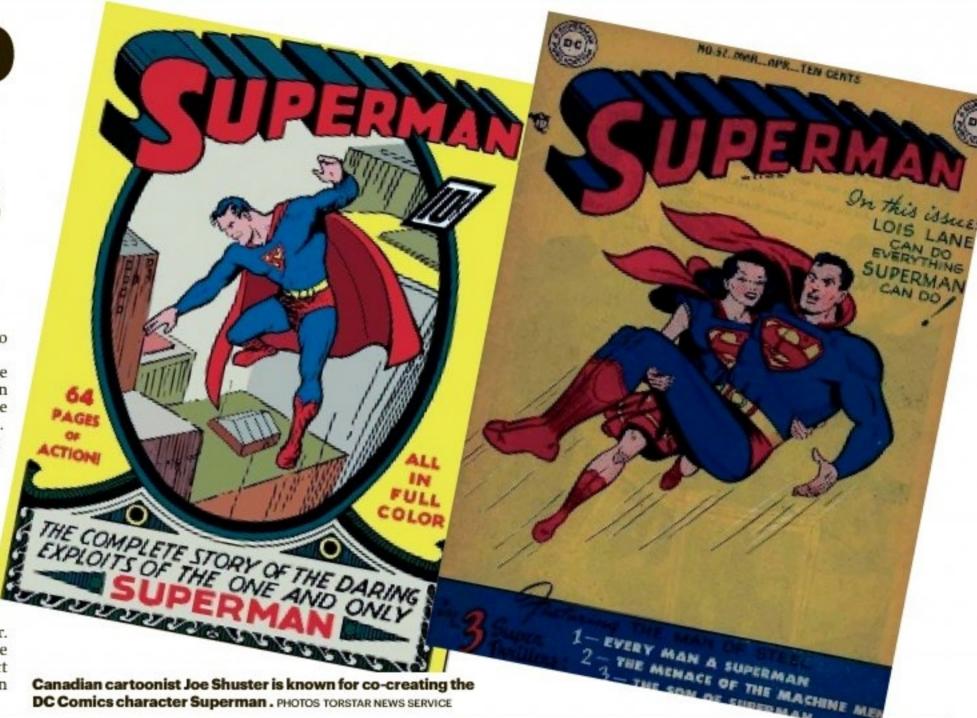
Superman may fight for truth, justice and the American way, but he was born to a Canadian.

Cartoonist Joe Shuster, the child of Dutch and Ukrainian parents and the cousin of Frank Shuster - one half of the Canadian comedy duo Wayne and Shuster - was born and spent his first decade in Toronto.

It was there that he developed his artistic skills. drawing on the backs of discarded wallpaper rolls (back when paper was expensive) and earning money as a newspaper boy for the Toronto Daily Star, later the Toronto Star.

He met writer and future collaborator Jerry Siegel in high school when both were 17 and living in Cleveland. The pair started working together and continued after graduation, coming up with what became Superman in the early '30s.

Shuster modeled the Metropolis cityscape after Toronto, while Clark Kent's newspaper, The Daily Planet, was originally named The Daily Star. after Shuster's old employer. Writer Mordecai Richler once called Superman "a perfect expression of the Canadian psyche."



The true north

In practical terms, the top of the (habitable) world is Alert, Nunavut.

The military outpost is located on the northernmost tip of Ellesmere Island, which is just 807 km distant from the North Pole.

It was named after the HMS Alert, a Royal Navy sloop that was the first ship to make it to the top of Ellesmere Island, in 1875. Darkness and daylight each last five months, with a month of normal days and nights in between. SEAN PLUMMER



Prime Minister Stephen Harper, Major General Glynne Hines and Defence Minister Gordon O'Connor in Alert, Nunavut. TORSTAR NEWS SERVICE

A park bigger than Switzerland



It was created by Parks Canada in 1922 to protect the north's largest remaining herd of roaming wood bison.

Today Wood Buffalo National Park, which straddles the border between Northern Alberta and the southern Northwest Territories. protects a large swath

of the Northern Boreal Plains. How large, you ask? It is Canada's biggest national park, taking up more land than all of Switzerland.

It was designated a World UNESCO Heritage Site in 1983, and wood bison continue to roam there. SEAN PLUMMER

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MELLEN DUBLIN & PARIS

FOOD

Put down the éclair and enjoy a healthy Parisian meal

Sarah Treleaven For Metro Canada

Consider the chocolate éclair: the perfect crisp but soft chou pastry meets a rich chocolate cream filling, all topped with a rich chocolate glaze.

This iconic food might be a terrific representation of Parisian indulgence.

Paris has long been a place where food allergies and intolerances were scoffed at (gluten allergies still merit an eye roll), where vegetarian options were few and far between, and where the best food was inextricably connected to nothing more than quality and pleasure.

But the food scene in Paris is changing. The city is finally

offering a well-rounded range of delicious and healthconscious food options.

Juice bars are now proliferating, allergenfree and raw food options are showing

up on menus and vegetarian restaurants are increasingly considered chic.

Here are five satisfying and nourishing selections for the next time you visit the City of Lights:

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Tout Organic

The new "Tout Organic"
walking tour by Sacrebleu
Paris celebrates organic,
farm-to-table, gluten-free,
vegan and dairy-free foods
(and also beauty products) by

introducing visitors to off-the-beaten path and highly local businesses. (sacrebleu-paris.com)

Bob's Juice Bar

Among the range of health- and allergy-conscious

Chambelland from Chambelland Bakery and the

vegetarian stew from Bob's Juice Bar. Even one of

"vegetable forward." ISTOCK/INSTAGRAM/GETTY IMAGES

food being served in Paris is the cheesecake

Paris' biggest chefs, Alain Ducasse is moving

Bob's — part of a network of health-conscious "Bob's" restaurants — was one of the pioneers on Paris' health

food scene, and his cozy little

The city of tastes

juice bar offers a range of green and cold press juices, protein shakes and dairy-free smoothies. Visitors will also find a small selection of vegetarian muffins, soups and sandwiches. (bobsjuicebar.com)

Chambelland Bakery This bakery-café of-

fers a range of

gluten-free options, including crusty loaves of bread made with buckwheat and rice flowers, lemon tartlets, bittersweet chocolate cakelets, granola bars and sandwiches in a colourful and sun-dappled room. Bonus: the product list notes any possible allergens, including eggs, dairy and nuts.(chambelland.com)

Sol Semilla

This café-grocery store in the chic Canal Saint-Martin neighbourhood does double duty: customers can find bags of cocoa nibs and ground acai berries, and then stay to enjoy their vegan lunch options, like beautifully layered chia seed puddings, coconut smoothie bowls and spinach risotto with carob powder. (sol-semilla.fr)

Alain Ducasse au Plaza Athénée

Ducasse, one of
French gastronomy's biggest
names, has removed red meat
from the menu
at his Michelinstarred restaurant at the Plaza
Athénée, moving
towards "vegetable
forward" cuisine
with limited refined sugars. The
dishes are based onvegetables-cereal

the "fish-vegetables-cereal trilogy" (think sea scallops, black truffles and select seaweeds spiced with tarragon), which the restaurant calls healthier, more natural, more respectful of the planet. (alainducasse.com)





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Keeping tabs on Ovie

2017 PLAY FFS
FIRST ROUND

Laying the body on Caps star a team effort for Leafs

The Maple Leafs' approach to Alex Ovechkin through four games of their opening-round playoff series with Washington has been straightforward: lay the body on him, cross-check, stay physical.

Even Mitch Marner, one of the lightest Leafs, laid a decent hit on the Capitals superstar.

great. He's got a smile on his face ... he's throwing his weight around, and it's pretty funny for

a 160-pounder," Leafs winger Matt Martin said with a smile Thursday.

The in-your-face approach will no doubt continue when the teams meet in Game 5 on Friday night in Washington.

Matt Hunwick, whose diligent work on Ovechkin has flown under the radar, has knocked the 235-pounder on his back

several times and, like many teammates, used his stick liberally when the Capitals forward is anywhere close to the Leafs' net.

Nazem Kadri, Connor Carrick, Nikita Zaitsev and Leo Komarov have also done their part.

Still, Ovechkin has scored three of his team's 14 goals in the series, one of them on the power play.

"He's a hard guy to knock off his feet," Kadri said Thursday before the Leafs jetted off to Washington.

"You have to try and frustrate him, limit his room. If you have

someone bumping off you wherever you go, it's frustrating. We've done a good job on him, "Mitch is doing echelon player. but we can do better."

> Ovechkin has certainly noticed the attention he's getting and re-

ferred to Komarov, a good friend off the ice, as "a bit of a rat" prior to Game 4.

Meanwhile, the Leafs have other concerns.

For one, Capitals checking forward Tom Wilson has buried big goals against his hometown team.

"We've got the split so far in games," Kadri said. "We've found



Capitals captain Alex Ovechkin is closely covered by the Maple Leafs' Nazem Kadri during Game 4 of their series in Toronto on Wednesday night. CLAUS ANDERSEN/GETTY IMAGES

a way to win games and now we have to figure it out again. We have to play the right way and not trade chances with a team like them.

"It's going to go back and forth," Kadri added. "We're both confident teams."

Kadri also mentioned the fact

that there's extra pressure on Ovechkin and the Capitals after finishing first overall in the regular season. The veteran club's competitive window is closing after years of playoff disappointment. Capitals GM Brian MacLellan has indicated the franchise is "going for it" this year and

next, and their success or failure will determine what comes next: retool or rebuild.

"For him, it's probably hard not to think about that sort of thing," Kadri said of Ovechkin. "He's focused on the games, but I'm sure he's feeling it, too." TORSTAR NEWS SERVICE

Caps on wrong side of luck, coach says

Barry Trotz is wondering aloud if the Washington Capitals have been the victim of some bad bounces against the Toronto Maple Leafs.

'They've got some strange goals, and that sometimes can play in your mind a little bit and we fought through that," Trotz said Thursday. "We're getting really mentally tough in this series because we're working, and you create your own luck."

With the series tied 2-2 going into Game 5 in Washington on Friday, the Capitals are facing a bigger test than anyone ever imagined. Morgan Rielly said the Maple Leafs have earned the right to feel confident, and players don't believe they're tied 2-2 in this series because of luck.

Quite the opposite. Echoing their coach, who noted they weren't at their best and still were within a goal in the Game 4 loss, defenceman Connor Carrick called Game 4 an "opportunity missed."

"We didn't play anywhere close to what we're capable of," goaltender Frederik Andersen said. THE CANADIAN PRESS



Blue Jays take a nose dive in extras

He's an upper-

He gets that

every night.

Connor Carrick



Mookie Betts drives in the game-winning runs on Thursday. TORSTAR NEWS SERVICE

Mookie Betts hit a three-run double off Toronto reliever Jason Grilli in the 10th inning as the Boston Red Sox defeated the Toronto Blue Jays 4-1 on Thursday afternoon.

Grilli (0-2) gave up a single and two walks before Betts cleared the bases by driving a ball into the left-field corner to silence the crowd of 44,283 at Rogers Centre.

In dropping the rubber match of the three-game series, Toronto fell to 3-12. THE CANADIAN PRESS

IN BRIEF

SFX's Bujold up for top women's award in U Sports

Hockey players Sarah Bujold of St. Francis Xavier University and Philippe Maillet of the University of New Brunswick are among the finalists for the 25th annual BLG Awards.

U Sports released the eight finalists for its top individual honours Thursday.

Bujold, of Riverview, N.B., is one of four finalists for the Jim Thompson Trophy, given annually to Canadian university's top female athlete. THE CANADIAN PRESS

Woods undergoes fourth surgery on ailing back

Two days after Tiger Woods said his back was progressing, he announced on his website Thursday he has had a fourth back surgery to alleviate pain.

Typical recovery is six months, meaning Woods is likely to go another full year without playing a major.

Woods' last competition was Feb. 3 in the Dubai Desert Classic, where he shot 77 and withdrew because of back spasms. THE ASSOCIATED PRESS

HOCKEY CALGARY

Behaviour training ongoing for parents

Minor hockey parents in Calgary It requires at least one parent will soon have to take a refresher from each hockey household

spect in Sport course for hock-

ey parents and coaches in 2010.

every four years of an online course designed to limit bad behaviour at the rink.

Hockey Calgary was the first minor sports organization in Canada to introduce the mandatory Re-

Sheldon Kennedy

to obtain course certification. Several other This is about making good

Respect Group co-founder

parents better.

minor hockey associations across the country have followed Calgary's lead.

As of May 1, Calgary hockey parents will re-

quire recertification every four **YEARS.** THE CANADIAN PRESS

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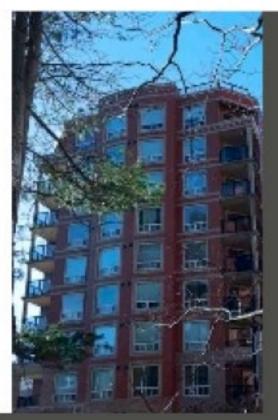
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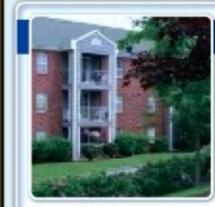
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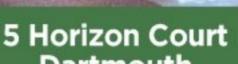


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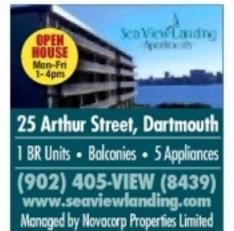
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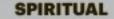
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31, TV brand 33. Insipid

34. Separate

drum manner

36. Backbone

37. Within the law

pet pal, _ Gigio

48. Has supper

50. Hole-entering

52. "Understood."

53. Shock jock

55. Mr. Berkus of

58. ABBA song

62. Info, briefly

59. The Com-

golf shot done with

46. Parties

ease: 2 wds.

51, Matrikin

Howard

TV renos

pany org.

61. Up to _

42. Ed Sullivan's pup-

35. In a rather hum-

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Ingredients

- ·1 x 5 oz can of tuna
- 1 x 15 oz can of cannellini beans
- 1/4 cup red onion, diced fine
- · 4 or 5 radishes, thinly sliced
- · 8 or so cherry tomatoes, cut in half
- · 1 bunch of arugula, washed, dried and trimmed
- 2 handfuls of fresh basil,
- washed, dried and trimmed
- 3 Tbsp lemon juice
- 2 Tbsp olive oil

salt and pepper to taste

Directions

1. In a large-ish bowl, mix together the tuna, beans and onions.

- 2. In a small bowl, whisk together the lemon juice and olive oil, pour it over your tuna and give a good mix. You don't want to lose all the texture of the tuna, so don't over do it. Taste it and see if you'd like some salt and pepper. Cover with cling film and chill for up to an hour. You can skip this step but it will enhance the flavour.
- 3. Now it's just an assembly job. You've got four plates. Lay out a handful of greens on each plate, a scoop of tuna deliciousness and then scatter tomatoes and radishes on top.

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CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

Q YESTERDAY'S ANSWERS ON PAGE 20

ACROSS

1. Nile wader 5. Elvis hit bit: "Well, that's all right now, _..." 9. Orchestra woodwinds Therapeutic 16. 'Seven'-meaning prefix 17. Irregularities Seize forcibly 19. "Ally McBeal" star Mr. Bellows 20. Refusals 21, "___ Majesty's Secret Service" (1969) 23. Catches 26. Floor covering of Japan 29. "The _ Couple" 30. Abbr. aid 32. Hosiery hue 33. Disney deer World-wide-icize 38. Winglet 39. Campaign 40. WKRP's Dr. Johnny who? 41. It's of no importance 43. Spew 44. Moreover 45. Hold a handbag 46. Irish actor Stephen 47. Result to the results: 2 wds. 49. BC's provincial bird, _ Jay 54. Pre-Ford US President 56. Prefix with 'fauna'

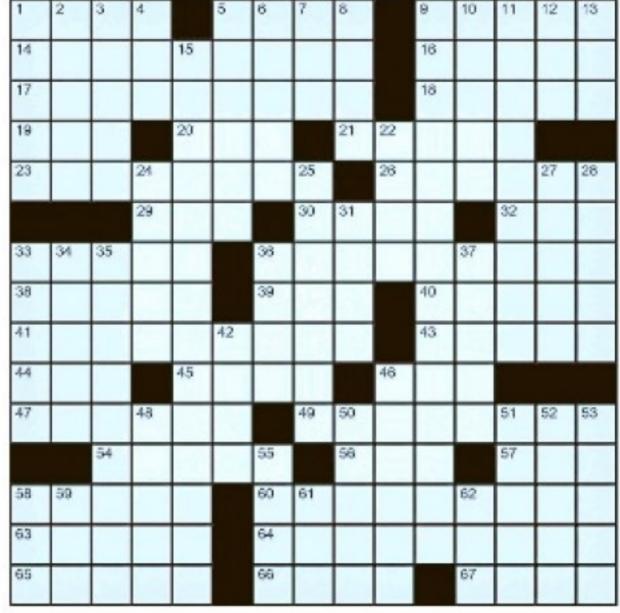
57. _ much (Very

a theatrical act

60. Extremity

58. One-of-some in

little)



8. Too

real

13. Idled

aperitif Ouzo 15. Jean top worn 7. Ms. West simultaneously with a pair of jeans, affec-9. Crowbar's classic tionately: 2 wds. rock tune: 4 wds. 22. Crash-investi-10. Parisian topper gating agcy. 11. Secret agent 24. Aristocratic 12. Ands, in Mont-25. Hails the leaders

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 Don't be down in the dumps if you feel cut off from others or lonely today. Many people feel this way. It's a quick, passing thing. Relax.

Taurus April 21 - May 21 Someone older or more experienced might criticize you today, especially in a group or class. Bummer. Don't take it personally. People say things without thinking.

Gemini May 22 - June 21 This is a poor day to ask parents or bosses for a favor, approval or permission. There's no doubt that the answer will be "Talk to the hand."

Gancer June 22 - July 23 Travel plans might be difficult today. In fact, someone might squelch your idea for future travel. Discussions about politics or religion might be depressing.

 Leo July 24 - Aug. 23 Don't ask for support, especially financial, from others today because it will not be forthcoming. People are tightfisted and withdrawn today. (You get the picture.)

Virgo Aug. 24 - Sept. 23 Your feelings might be hurt today, because relationships with partners and close friends are cool and detached. It's just what's happening. Don't make a big deal about it.

Libra Sept. 24 - Oct. 23 Someone more experienced at work might be on your case today. They might criticize you or your work. Obviously, avoid this situation if you can.

63. Greased

partier

sea bird

64. CFL pre-game

65. Authorization

66. Coastal birds

67. Fork-tailed

Scorpio Oct. 24 - Nov. 22 Children might feel like they are an increased responsibility today, which is naturally hard on you. Likewise, romance might disappoint. Oh well. It's one of those days.

Sagittarius Nov. 23 - Dec. 21 Plans to entertain at home or redecorate might be stalled because of finances or disapproval from someone. Just pull back a little and choose a better time in the future.

Capricorn Dec. 22 - Jan. 20 You might fall into worry mode today. Remember: "Worry is like a rocking chair. It gives you something to do, but gets you nowhere."

Aquarius Jan. 21 - Feb. 19 You will be careful with spending your money today, because you feel a bit broke. This is why if you're out shopping today, you will buy long-lasting, practical items.

Pisces

DOWN

1. Picture

2. Country in Africa

3. Matinee stars

4. Scottish ac-

5. Term for ad-

lish nobleman

dressing an Eng-

6. Flavouring in Greek

tor Alastair

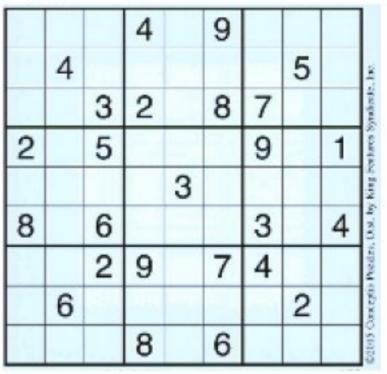
Feb. 20 - March 20 You might feel cut off from others today, which makes you feel lonely. Many people feel this way today, so it's not just you. It's just this particular day. Tomorrow is a much better day.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

27. Labyrinths

28. Stagnant



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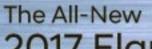
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